

Issue 70

**31st January
2022**

HADP News Bulletin



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Welcome to issue 70 of the Highland Alcohol and Drugs Partnership news bulletin. This issue has information about new training opportunities and links to useful information.

**Many thanks
HADP**

Special points of Interest:

Highland Mental Health Newsletter—[Click Here](#)

New! Online Resource. Community Support Services Tool—[Click Here](#)

Alcohol Focus Scotland Newsletter—[Click Here](#)

Scottish Families Affected by Alcohol and Drugs Newsletter—[Click Here](#)

Raising Awareness of Gypsy / Traveller Communities—[Click Here](#)

Highland Drug And Alcohol Recovery Directory of Services

Highland Drug and Alcohol Recovery Directory of Services

**Worried about your
own or someone
else's Alcohol and/or
Drug use?**



Highland Alcohol and Drugs Partnership (HADP)

Larch House
Stoneyfield Business Park
INVERNESS
IV2 7PA

Tel: 01463 704603

Website: www.highland-adp.org.uk

[HADP Facebook Page](#)

[HADP Twitter Page](#)



**The Service Directory can be found on
the HADP Website: [Click Here](#)**

Updated December 2020¹

HOPE App

The Highland Alcohol and Drugs Partnership has developed an app to help reduce drug-related harm and deaths across the north of Scotland.

The Highland Overdose Prevention and Engagement (HOPE) app has been created with input from people with lived experience and a range of experts from NHS Highland and beyond.

The HOPE app is a source of information for people with drug and or alcohol problems, as well as their families or friends, which helps prevent overdose and encourages engagement with services that can help.

It contains information on what to do in an emergency overdose situation for both depressant and stimulant drugs. Harm reduction information and details on how to contact a range of support services are also available on the app.



The HOPE app is a collaborative project involving Highland Alcohol and Drugs Partnership (HADP), NHS Highland Public Health, Health Improvement, Highland Alcohol and Drug Advice and Support Service (HADASS) and Scottish Families Affected by Alcohol and Drugs (SFAD), who are all members of the Highland Drug Related Death Prevention Group. The content of the app was developed with input from a range of experts, including the aforementioned teams, plus HMP Inverness and Crew.



The HADP urges all our partners and members of the public to use the app and become overdose aware. We all have a role to play in reducing drug deaths.

The app is available to download from:

Android - <https://bit.ly/3tawMkA>



Apple - <https://apple.co/39XfjEi>



We are extremely grateful to everyone who contributed to the development of the HOPE app.

HADP Support Team Staff Changes



As many of you may already be aware I am starting a two-year secondment on 1st February 2022 with the Scottish Prison Service as their Drug and Alcohol Recovery Lead within the Health-Justice Division, Strategy and Justice Directorate.

This will be a great opportunity to develop my experience working at a strategic level leading on the development and implementation of a drug and alcohol recovery pathway framework and strategy to support people with drug and alcohol problems within custodial settings. The role will contribute to the national priority to reduce deaths and will involve collaborating with key partners to improve access, support, and the delivery of evidence-based interventions. I will also support the

implementation of Medication Assisted Treatment Standards from within a custodial environment across establishments. I would like to take this opportunity to thank all of the Partner organisations, colleagues, and people in recovery who I have had the pleasure of working with over these last 7 years with HADP, too many to name individually. Your dedication and contribution to improve the health and wellbeing of people, and families who experience problems with alcohol and drugs is inspirational and I look forward to working with you all again in the future.

Drugs Deaths Taskforce **New Chair and Vice-Chair**

The Minister for Drugs Policy has now announced the appointment of former Chief Nursing Officer Professor Fiona McQueen as Vice-Chair of the Drug Deaths Taskforce. Earlier today the Taskforce held its first meeting with David Strang as Chair. The Taskforce discussed their work plan for the coming six months when it aims to publish a Road Map and suite of detailed reports. Further updates will be provided in due course.

Community Justice Scotland

We're delighted to announce the launch of an online resource detailing community support services available across Scotland for people impacted by the justice system.

The [Community Support Services tool](#) gives a factual overview of the range of community services in each of the 32 Scottish local authority areas.

The information is provided by local Community Justice Partnerships and collated by Community Justice Scotland. It includes details on sentencing measures such as Community Payback Orders, Drug Treatment and Testing Orders, Structured Deferred Sentences, Bail Supervision, Third Sector Programmes and other relevant statutory services and interventions. Users can search for the information by local authority area.

The aim is to make it easier for those working across the justice sector, and beyond, to see what services are available to support individuals navigating the justice system in different parts of Scotland. It is an ongoing project and includes information supplied at this time which we recognise will change and improve. It will be updated on a regular basis. The information is publicly available at: https://communityjustice.scot/community_support_services/



Psychology Directorate

Psychological Interventions Team

Working with Alcohol and Anxiety Together: Exploring the knowledge and skills to work with alcohol and anxiety in the community

Date: 25 February 2022 from 10:00 to 14:00

Venue: Remote Delivery

Delivered jointly by NES and the Scottish Alcohol Counselling Consortium

Description: This half day seminar is aimed at managers and frontline workers from health, social care services and voluntary sector services who are interested in exploring the relationship between alcohol and anxiety as a part of the community recovery from Covid-19. The workshop will be a mix of presentations and discussion groups and will cover how anxiety and alcohol interact; how anxiety and alcohol use presents in practice and how this has been impacted by Covid-19; the skills we use in responding to anxiety and alcohol use; and what we need to enable us to do this better.

Target Audience: This event has been developed to support managers and frontline workers from health, social care and voluntary sector services who are working with people who have alcohol and alcohol dependency issues and would like to know more about the relationship between alcohol and anxiety. Participants are encouraged to visit the workforce development pages for substance use practitioners on NES TURAS Learn at:

<https://learn.nes.nhs.scot/19051/developing-scotland-s-substance-use-workforce>

For further information about the training, please contact:

PE Name: Laura Freeman

Email: laura.freeman@nhs.scot

For assistance with the Portal and application process, please contact:

PI Team Administrator: Caitlyn Haney

Email: caitlyn.haney@nhs.scot

Deadline for Applications: Closing date on 4 February 2022

To register your interest and receive an application for this course, please visit the NES Portal at:

<https://www.portal.scot.nhs.uk>

Instructions on how to register on The Portal can be found at:

<https://www.nes.scot.nhs.uk/our-work/portal-the/#howtouseportal2>

Training Opportunities

The [LGBT Domestic Abuse Project](#) at LGBT Youth Scotland has been funded by the Scottish Government to deliver a FREE digital seminar on **LGBT Peoples' Experiences of Domestic Abuse**:

24th February 2022

10.30-12.00

Microsoft Teams

This 90-minute seminar will support participants to:

- Increase understanding of language and terminology relating to LGBT identities
- Reflect on the nature of homo/bi/transphobia and consider how this impacts on LGBT people's experience of domestic abuse
- Understand the impact and dynamics of LGBT people's experiences of domestic abuse
- Reflect on the nature of homo/bi/transphobia and heterosexism and consider how this impacts on LGBT people's access to support service.

We are particularly keen to engage front-line workers in public services such as Health, Housing, Policing and the criminal justice system and social work, as well as third sector organisations that provide support, advice or information to survivors.

No more than 2 people from any one organisation may take part and spaces will be allocated to ensure a broad range of organisations are represented.

Please complete our [online form](#) by Wed 16th Feb to express an interest in attending.

Places will be allocated according to sector to ensure a mix of professional disciplines are able to attend. Save the date in your calendar and we will notify you no later than 18th Feb whether you have been allocated a space or placed on the waiting list.

Alcohol consumption and lockdown measures

Alcohol consumption and lockdown measures - study by Universities of Glasgow and Sheffield. News release by University of Sheffield <https://www.sheffield.ac.uk/news/lockdown-measures-linked-increase-drinking-home> and Glasgow https://www.gla.ac.uk/news/headline_833332_en.html

COVID 19 Vaccination / Booster

"Make sure you're protected from COVID-19 – get your vaccination now "With the emergence of the Omicron variant of COVID-19, it's more important than ever that you get vaccinated or – if you've already done so – you get your booster, and make sure that you get the protection you need. "The good news is that access to getting vaccinated is easier than ever, with increased drop in and pop-up clinics provided by Health Boards in local communities. You can find details of clinics available in your area on NHS Inform [here](#). "You can also choose a clinic outside your local NHS Health Board area or call the national vaccination helpline on 0800 030 8013. "Please be reassured that the vaccinators are trained medical professionals who will answer all your questions in a non-judgmental and welcoming manner. They won't ask you about drug or alcohol use. And you can also ask to be vaccinated in a quiet area

SHAAP Knowledge Exchange Webinar

Scottish Health Action on Alcohol Problems (SHAAP) invite you to [join us online](#) on **Wednesday 23 February from 14:00-16:00 GMT** for a knowledge exchange webinar on Managed Alcohol Programmes (MAPs).

MAPs originate in Canada and are designed for people who are homeless and have an Alcohol Use Disorder (AUD). They focus on harm prevention by providing measured, regular doses of alcohol and people in MAPs are often provided with mental and physical healthcare and access to other services. The Simon Community is introducing Scotland's first formal MAP, in Glasgow.

This webinar aims to exchange knowledge and allow discussion to equip people and organisations who work with homeless people and/or people with AUDs with knowledge on MAPs, how they work, what makes them work, what should be taken into account, and lessons that have been learned in Canada, London and in the early stages of development of the MAP in Glasgow.

Confirmed speakers are:

- Dr Bernie Pauly, Associate Director of the Canadian Institute for Substance Use Research at the University of Victoria, Canada
- Wendy Muckle and Dr Jeff Turnbull, co-founders of Ottawa's MAP
- Dr Hannah Carver, Co-Director of the Salvation Army Centre for Addiction Services at the University of Stirling
- Peter McLachlan, MAP Service Lead, Simon Community in Glasgow
- Karyn McCluskey, Chief Executive of Community Justice Scotland
- Dr Emmert Roberts, Honorary Specialist Registrar in Substance Misuse Psychiatry at South London and the Maudsley NHS Foundation Trust
- Representatives of Glasgow City Alcohol and Drugs Partnership in a panel discussion

The webinar will be hosted online using the Zoom platform, and registrants will receive a link in advance of the event.

Register for free now to ensure your place and please pass on this invite to others who would be interested in joining: <https://www.eventbrite.co.uk/e/shaap-managed-alcohol-programme-map-webinar-tickets-252950570967>