

Issue 67

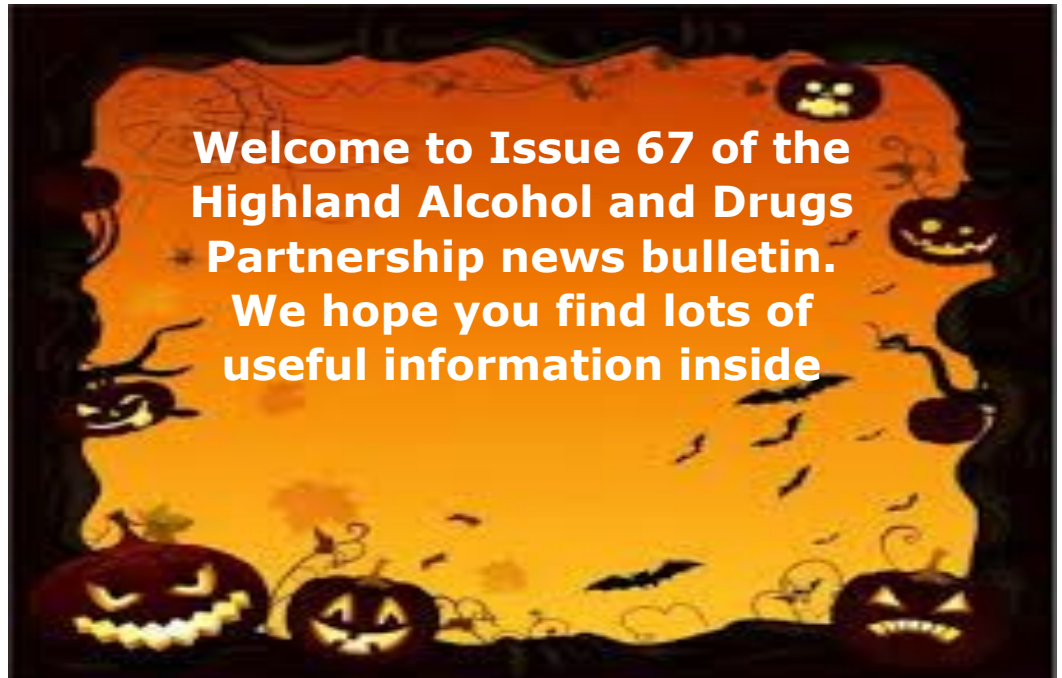
**30th October
2021**

HADP News Bulletin



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Special Points of Interest:

Intended and unintended consequences of the implementation of minimum unit pricing of alcohol in Scotland: a natural experiment—[Click Here](#)

Pupils in the Highlands to help shape programme designed to improve lives of young people following success of pioneering Planet Youth model in Iceland in cutting teenage drinking and smoking— [Click Here](#)

Scotland's Benzo Challenge and How We Can Meet It- [Click Here](#)

Availability of 'date rape' drugs online - [Click Here](#)

Injection spiking - How Likely is It? - [Click Here](#)

Safer Drug Consumption Facilities - Evidence Paper - [Click Here](#) #

Alcohol Focus Scotland Newsletter— [Click Here](#)

Recovery Walk 2021

Our Highland Walking team, made up of 50 people in recovery, their family members and staff from Partner Agencies attended the National Recovery Walk in Perth on Saturday 25th September joining hundreds of others from all across Scotland.

The event started with the Remembrance and Roses Ceremony next to the River Tay before the walk weaved its way through the streets of Perth finishing at the Recovery Village and Festival area. Speakers included the Scottish Government Minister for Drug Policy Angela Constance as well as people with lived experience and Jardine Simpson, the CEO from the Scottish Recovery Consortium



Despite the pandemic restrictions organisations and communities came safely together to celebrate and be thankful for their individual recovery journeys. Whilst local bands performed the Rapid Relief Team provided free food and refreshments for everyone who attended. Stalls from Partners offered everything from Naloxone Training to advice about programmes and rehabilitation centres. The kids with bouncy castles and games was very popular with families.

We have been given permission to share a poem which was written by one of our Highland Walking Team sharing his reflections from the day. Thank you "M" for the poem and to everyone who joined us from across Highland as you helped make this such an enjoyable and memorable day.



Fragmented Cairns to roses

Cumulative petals on the Tay representing lost souls/ fingers entwined journeying with souls found/ profoundly marching alongside regional banners/ bearing freedom flags insignias of chains breaking/ stories of heartache and broken unities problematic substance use fractures dulling protectories/ A multitude of human momentums whistling song/ healing the dull ache of residual bondage/ Trains of folk entwined in regional communities / marching towards a Cairn of monumental hope and directories.

'Perth Recovery Walk 2021'



Scottish Drugs Forum—How to Save a Life

Scottish Drugs Forum has now launched the How to Save a Life campaign toolkit. The kit features all materials surrounding the campaign in one place. It includes information on the #StopTheDeaths initiative, information on naloxone and how to use it, useful links, posters and social media content.

<https://www.sdf.org.uk/how-to-save-a-life-campaign-toolkit/>



www.h-sat.co.uk

People First Partnership Pledge



HADP needs your help to challenge stigma.

People who experience alcohol or drug problems, either through use or by association, often experience the most stigma in our society. Negative attitudes from society, from professionals, and self-stigma can be one of the biggest barriers to accessing treatment, community services and other forms of support.

HADP believes that a person should not be defined by their alcohol or drug use, as it is only one aspect of their life. Viewing problem alcohol and drug use as akin to other long-term health conditions will help to reduce stigma and discrimination.

HADP wishes to encourage the use of 'People First' language; that focusses on the person, as opposed to the behaviour. Please see the [Language Matters](#) guide on our website.

How can you, your organisation or service get involved?

Our 'People First - Language Matters' Partner Pledge is an initiative to help reduce the stigma experienced by people; who have drug and alcohol problem(s), people in recovery and family members affected by problem drug and alcohol use. Endorsing the Pledge is a great way to help improve people's wellbeing and shows your organisations commitment to reducing stigma and discrimination. Please visit our website: www.highland-adp.org.uk to get further Pledge Information and an Application form.

Additional resources available - We have also developed a **People First - Language Matters Awareness** session designed to be delivered in-house by Managers for staff groups. Please contact us directly for further information. Email - Sharon.holloway1@nhs.scot

Crew 2000- Concerned About Spiking Free Leaflet and Position Statement on Spiking

All bodies have and everybody has a right to safety, respect body and cognitive autonomy. The biggest responsibility lies with anyone thinking about spiking NOT to do it. We're working with venues to gather data from clubbers, promoters and staff, which we'll use to develop training for staff and more harm reduction education for people looking for #safernightlife. In the meantime, here's our new, free, downloadable, shareable, harm reduction booklet: [New Concerned about Spiking leaflet launched \(crew.scot\)](#)

And our position statement with links to sources of support
[Crew Statement on Spiking](#)

Lived Experience Panel

WE NEED YOUR HELP IF:

- You have personal lived experience of alcohol and/or drug use and are willing to share this experience to support and help others.
- You are interested in helping to develop and design recovery services, interventions and approaches for people living in Highland.

Work with us to reduce drug and alcohol related harm. Training, networking and development opportunities will be offered.

**DO YOU WANT TO GET INVOLVED?
DO YOU WANT TO MAKE A DIFFERENCE?**



Interested?

**Email:
sharon.holloway1@nhs.scot**