

**Issue 63**

**30th June 2021**

# **HADP News Bulletin**



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**Welcome to Issue 63 of the Highland Alcohol and Drugs Partnership news bulletin. HADP is looking for a new Chair, please see page 2 for more information.**

**This issues has lots of information and links to free training.**

**Many thanks**

**HADP**

## **Special points of Interest:**

**Alcohol and COVID—** [Click Here](#)

**The Impact of Minimum Unit Pricing in Scotland and Wales—**[Click Here](#)

**Evaluating the impact of Minimum Unit Pricing (MUP) on the price distribution of off-trade alcohol in Scotland -** [Click Here](#)

**Latest Information on Alcohol Consumption, Price and Harms in Scotland—**[Click Here](#)

**Drugs Research Network Scotland News—**[Click Here](#)

**Scottish Drugs Forum Learning Needs Assessment—**[Click Here](#)

**The Child Protection Committee have a number of new and updated resources on their website along with two new training events please check out their website for further information—** [Click Here](#)

**New! SMART Recovery Group in Wester Ross, for more information—**[Click Here](#)

**Alcohol Focus Scotland Newsletter—**[Click Here](#)



## Independent Chair Required for Highland Alcohol and Drugs Partnership

Highland is seeking to appoint an Independent Chair for the Highland Alcohol and Drugs Partnership (HADP). HADP works to achieve improved outcomes for Highland communities across a broad spectrum of alcohol and drug related issues. These range from prevention and whole population approaches through to delivery of high quality treatment services and support for recovery. In the role of Chair you will need to demonstrate strong leadership to drive this complex agenda forward and also compassion and understanding towards individuals, communities and organisations that are affected by alcohol and drug related issues. Reporting to Scottish Government nationally and the Community Planning Partnership Board locally you will provide HADP with effective strategic leadership and direction in delivering on core business functions, including the chairing of quarterly multi-agency strategy group meetings.

HADP is well established, functions efficiently with a proactive strategy group, who work toward agreed priorities set out in national and local strategy. HADP is hosted by NHS Highland and based within the Directorate of Public Health and Policy. The work of HADP is supported by a small team of support staff. A key role of the Chair is to ensure that the work of HADP aligns with relevant strategic and operational structures at both a local and national level.

It is anticipated that the post holder will work from a home base and travel to a variety of locations to attend meetings when safe to do so. There is also the requirement to attend a small number of national meetings and conferences either via Teams or by travelling to either Glasgow or Edinburgh. Home access to the internet/Teams and phone/mobile network is essential.

Remuneration is set at **£250 per day for 24 days a year for an initial period of 2 years**. Travel and subsistence expenses in line with NHS policies will be arranged in advance or reimbursed.

Closing date 08.08.2021 at 1200 noon  
Interview date 13.08.2021

For further information/recruitment pack, please contact the current Chair who is Elisabeth Smart or the HADP Co-ordinator Debbie Stewart.

[elisabeth.smart@nhs.scot](mailto:elisabeth.smart@nhs.scot) Mobile 07779976734

[deborah.stewart2@nhs.scot](mailto:deborah.stewart2@nhs.scot) Mobile 07866218506

# Recovery Walk Scotland 2021



The Scottish Recovery Consortium is excited to announce Recovery Walk Scotland 2021 in Perth & Kinross on

Saturday 25<sup>th</sup> September!

For more Information please go to:

[Recovery Walk Scotland 2021 – Scottish Recovery Consortium](#)

## **Introducing the National Trauma Training Programme Awareness Raising Seminar**

This free webinar is open to anyone with an interest in learning more about the National Trauma Training Programme and is a repeat of the sessions delivered in December 2020, February, and May 2021. The focus of this event to introduce and raise awareness of the work of the National Trauma Training Programme and the resources available.

To register your interest in attending the webinar, please register using the following link:- [6th July NTTTP Webinar Registration Form](#)

For more information about the NTTTP please visit our website:  
<https://transformingpsychologicaltrauma.scot/>



**Core Skills for Relapse Prevention and Recovery  
Management  
(NHS Education for Scotland)**



**Facilitators: Kirsty MacDonald & Sharon Holloway**

**Date : 7<sup>th</sup> and 8<sup>th</sup> July Time: Both days 10 a.m. – 4 p.m.**

**Venue: MS Teams**

**Description:**

This two day training introduces a framework to enhance the provision of relapse prevention and recovery management for people with complex substance use and mental health problems. There is an emphasis on the practice of these skills during the two days, including the use of motivational enhancement, prevention of relapse, and reinforcement management. This course is set within the context of Scottish alcohol and drug services, with an emphasis on the complex challenges often found within this setting.

**Target Audience:**

This training has been developed to support practitioners working with people who are experiencing problems from their alcohol or drug use, including those working in the NHS, Social Care, and Third Sector. The Training is designed to provide new practitioners with a basic skills framework, and experienced practitioners with the opportunity to enhance their evidence-based skills with an emphasis on reflective practice. Prior to attending participants need to complete the Core Skills eLearning modules on TURAS Learn at: <https://learn.nes.nhs.scot/19051/developing-scotland-s-substance-use-workforce> please see general booking information on page 2.

**Learning Outcomes**

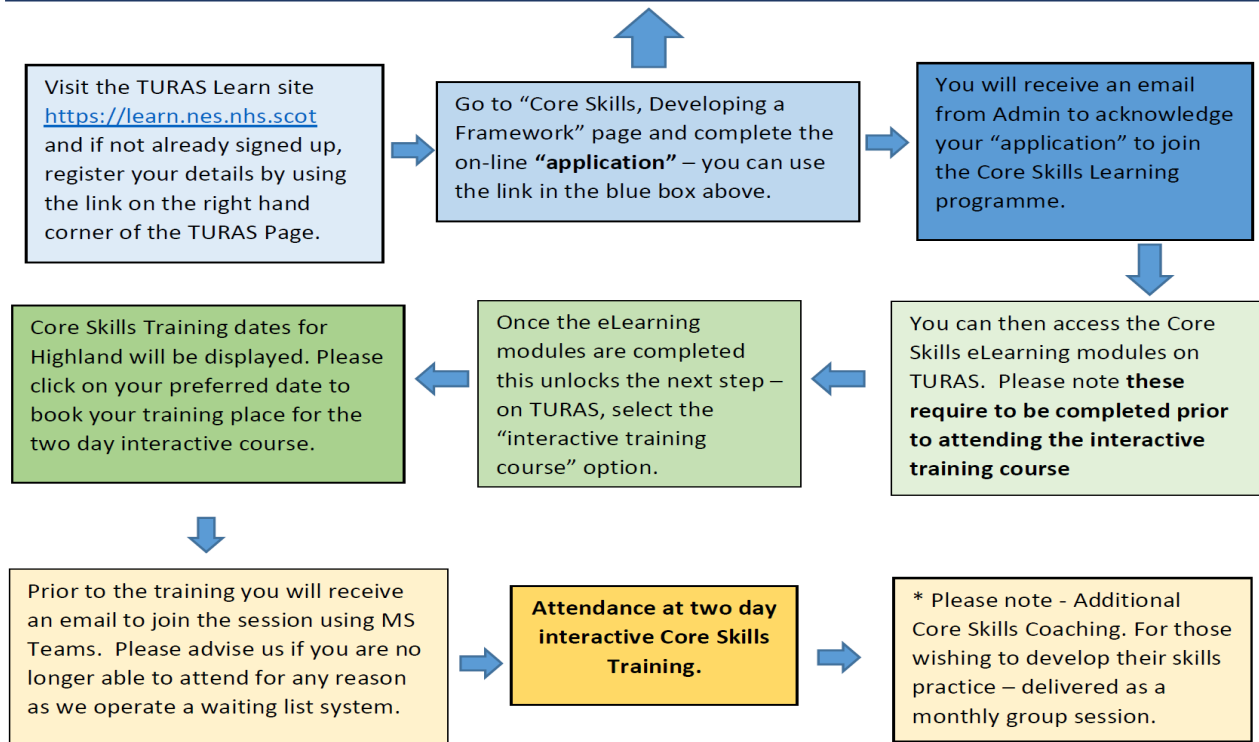
By the end of the training participants will be able to:-

- Describe three categories of core skills that are common to effective behavioural interventions for problematic substance use.
- Explore the strategic use of a range of motivational enhancement strategies for people at different stages of engagement.
- Utilise the principles of functional analysis to better understand an individual's substance use, including the events before and the consequences afterwards.
- Practice the application of structured worksheets to identify triggers related to substance use.
- Describe a range of strategies for helping people manage triggers.
- Utilise strategies for helping people identify lifestyle changes which could enhance their recovery and reinforce alternatives to alcohol and other drug use.
- Practice linking therapeutic goal-setting to reinforcement management.
- Explain the importance of utilising a variety of learning strategies within Scottish alcohol and drug services given the prevalence of co-occurring mental health, physical, and social problems.

To register your interest and to complete an application for this course, please visit the NES Portal at:

<https://learn.nes.nhs.scot/20856/developing-scotland-s-substance-use-workforce/core-skills-for-relapse-prevention-and-recovery-management/developing-a-framework-for-person-centred-recovery-services>

Instructions on how to register are below.



For further information about the training and to register your interest in attending, please contact either:

Name: Sharon Holloway or Kirsty Macdonald

Email: [sharon.holloway1@nhs.scot](mailto:sharon.holloway1@nhs.scot) or [kirsty.macdonald@nhs.scot](mailto:kirsty.macdonald@nhs.scot)

Follow the instructions above to complete the formal application process via TURAS.

\* The additional Core Skills Coaching is subject to availability. More information will be shared during the interactive two day training course. This is not a mandatory element of the Learning Programme.



## Recovery Workers Training Programme

The application process for the Recovery Worker Training Program with Scottish Drugs Forum has been extended to the **16th of July**. If you are interested or know someone who is interested please [click here](#) for more information.



# SDF Training Calendar: July 2021

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Click on the courses below or visit [sdftraining.org.uk](https://www.sdftraining.org.uk) to find out more and to book onto a course!

## 5th **Enhancing Core Communication Skills**

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## 8th **Understanding Stigma: Promoting inclusive attitudes and practice**

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## 9th **Staying Alive: Preventing Drug-Related Deaths**

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## 12th **Trauma and Substance Use**

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## 14th - 15th **Introduction to Motivational Interview**

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## 15th - 16th **Sex, Drugs and Vulnerable Young People**

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We also have a number of e-learning courses available!  
For more information visit [www.sdftraining.org.uk/online-learning](https://www.sdftraining.org.uk/online-learning)

Bespoke in-house sessions can also be provided.

The Scottish Drugs Forum has over 30 years experience of researching, training and supporting organisations and has developed significant expertise in the field.



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