

Issue 54

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2020

HADP News Bulletin



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Welcome to Issue 54 of the Highland Alcohol and Drugs Partnership news bulletin. This issue has lots of useful information and training updates. Also coming soon—the HADP Stakeholder event 2020. Don't miss out on important updates, follow us on Facebook and Twitter.

**Many thanks
HADP**

Special points of Interest:

HADP Stakeholder Event 2020 Creating Community Opportunity

We are going online this year ! There will be digital presentations from key partners, still to be announced. Please check the Facebook and Twitter pages for further updates!

Alcohol Focus Scotland News—[Click Here](#)

Scottish Drugs Forum News— [Click Here](#)

The British Liver Trust News—[Click Here](#)

Scottish Families Affected be Alcohol and Drugs—News— [Click Here](#)

Alcohol in Rural Communities—Understanding alcohol problems in rural areas: Literature review and qualitative research study. The aim of SHAAP's current Rural Matters project is to support alcohol policy and practice in rural communities. Based on findings from SHAAP's 2018 '[Dying for a Drink](#)' report, it is clear that more work is needed to explore lived experiences of alcohol problems. This is particularly true for rural communities given that much of the work in this area has been conducted in Scotland's urban centres. With support from the Royal College of Physicians of Edinburgh's Remote and Rural Working Group, SHAAP began work on the Rural Matters project in February 2019. [Click Here](#)

Alcohol Deaths Prevention Support

AFS has produced [guidance](#) for Alcohol and Drug Partnerships (ADPs) and Public Health teams on Alcohol Death Reviews. These are reviews of cases where people have died, undertaken collaboratively with statutory, third sector and recovery community input. They examine how systems could adapt to better meet the needs of people who are at risk of dying, now or in the future.

[Click Here](#)



Event Invitation

Scottish Drugs Forum (SDF) is a membership based organisation and is a national resource of expertise on drugs issues.

Benzos

A series of free webinars on benzodiazepine use in Scotland from Scottish Drugs Forum and The Drug Deaths Taskforce

Register at sdf.org.uk/webinars



SCOTTISH
DRUG DEATHS
TASKFORCE

What's happening?

Fri 2 Oct 2020 / 13.00 - 14.15.

What can be done?

Fri 9 Oct 2020 / 13.00 - 14.15.

Join Scottish Drugs Forum and The Scottish Drug Deaths Taskforce for two webinars on benzodiazepine use in Scotland

Benzos - What's Happening?

2nd October 2020
13:00 - 14:15

[Register for free here](#)

Benzos - What can be done?

9nd October 2020
13:00 - 14:15

[Register for free here](#)

Smoking and People in Recovery Survey—Report and Actions

Smoking prevalence is 2-4 times higher in alcohol & drug dependent people than the general population. In Scotland, this could mean a smoking population of up to 76%; four times higher than the adult smoking prevalence of 19%.

We were keen to find out if local people in recovery were interested in stopping smoking, and if so, what would support them.

The majority of responders to our survey would like to stop smoking and would use currently available provision to help them stop smoking (all of which are free). The full report can be viewed [here](#).

Here are details of the available support options:

[Smoke-free Highland](#). Information, including a [referral form](#) allowing professional or self referrals, is available on our [website](#). The service continues remotely at present, supporting people to stop smoking across Highland.

The Smoke-free Highland service [leaflet](#) is available to order from Health Information Resources Service ([HIRS](#)).

- [Pharmacy](#). Local community pharmacies offer a stop smoking service - ask in store. [Quit Your Way](#). This is the national Scottish advice service for people wishing to stop smoking. They operate a webchat and phonenumber - 0800 84 84 84, which are both open Monday-Friday 9am - 5pm.

To support staff and volunteers of services, the [Very Brief Advice on Smoking](#) e-learning is available on the Health Scotland Virtual Learning Environment (VLE). We recommend this short course, which only takes around 30 minutes to complete, as it helps with how to raise the issue, and signpost on, and has shown to be effective.

Finally, information about [Coronavirus and Smoking](#) is available on the NHS Inform site.

HADP Social Media Pages

Don't forget to check out the HADP Facebook and twitter pages. These are an excellent place to find up to date information on a wide range of related topics. You will also find information on any training courses that may be available to you.



<https://www.facebook.com/HighlandADP>



<https://twitter.com/HighlandADP>

New Online Training Dates from Scottish Drugs Forum

Stigma

2nd of October—9.15am—13.00

5th October—9.15am—13.00

23rd October—9.15am- 13.00

26th October—9.15am—13.00

Enhancing core communication Skills

6th October—9.15 -13.00

22nd October— Pm

Staying Alive

9th October—9.15—13.00

30th October—9.15 -13.00

Intro to Motivational Interviewing

19th—20th October—9.15—13.00

2nd—3rd November— am

Everybody has a story

4th- 5th November—9.15—13.00

For more information or to book please click [here](#)



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