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Welcome to Issue 22 of the Highland Alcohol and Drugs Partnership. This issue is our Recovery Walk Special. On the 21st of September the Scottish Recovery Walk was held in Inverness. It was a special day of Remembrance and Celebration. See page 3 for more information.

Many thanks

HADP

Special points of Interest:

New Funding Opportunity—Corra Foundation Whole Family Approach

The Corra Foundation are delighted to confirm that a second round of the **'Whole Family Approach: Systemic Change' fund** is now open. This fund is specifically targeted at charities and statutory agencies working in partnership to make improvements to systems of care that surround children, young people and families affected by alcohol and drugs.

This is a two stage application fund, and we are now open to receiving notes of interest from partnerships who wish to apply. The note of interest form and a Q&A sheet are attached to this bulletin. Notes of interest must be completed and returned by **noon on 17th October 2019**.

Scottish Drugs Forum Newsletter—[Click Here](#)

Scottish Families Affected by Alcohol and Drugs Newsletter—[Click Here](#)

Drug Research Network Scotland, Preventing overdoses among people prescribed opioids for pain—[Click Here](#)

SHAAP Bulletin —[Click Here](#)

Scottish Drugs Forum Opioid Substitution Therapy in Scotland—[Click Here](#)

Scottish Drugs Forum Roadshow - [Click Here \(Edinburgh\)](#)

Scottish Families—Mhairi's Story— [Click Here](#)

FASD Awareness Day (Public Health Blog) - [Click Here](#)

Minimum Unit Pricing News Article—[Click Here](#)

Alcohol Evidence into Policy & Practice, Tues 19th – Thurs 21st November 2019, Norton House Hotel, Edinburgh

Stirling University are delighted to announce that we are now taking registrations for the first SPECTRUM Consortium CPD event – Alcohol Evidence in Policy & Practice masterclass. This 3 day course provides a broad and detailed overview of the latest evidence across the alcohol policy field and is ideal for ECRs who need to understand how their work fits in the context of the policy landscape, and for policymakers, advocacy colleagues and practitioners who seek a strong evidential grounding for their work. It is also an excellent networking event, with ample opportunity for connections between academia, policy and practice, and the potential for new collaborations and projects to emerge.

The course is now in its 6th year, having been very well received whilst run under the auspices of UKCTAS until now. The **SPECTRUM Consortium** (Shaping Public Health policies To Reduce inequalities and harm) has been awarded £5.9 million funding over five years by the UK Prevention Research Partnership and starts on 1st September 2019 (see below). **Under the SPECTRUM grant, we have a modest amount of funding available to support policy or practice colleagues to attend – support with fees, accommodation and/or travel can be applied for at the above link.** Applicants must be interested in joint working with SPECTRUM to be eligible.

Application Form here: <https://forms.gle/T3JLeeKtk2JSUWZs5>

Civic Reception

Highland Alcohol and Drugs Partnership would like to extend our thanks to the Highland Council for hosting a civic reception for the Recovery Walk. The evening was inspirational and was well attended. The Lord Provost of Inverness opened the evening with a welcoming speech, then Jardine Simpson the co organiser of the walk, from the Scottish Recovery Consortium spoke about the walk and what it means. Debbie Stewart from HADP also spoke. The first film that HADP made of the journey and first walk we took part in was played followed by a finger buffet. Afterwards Councillor Rosie addressed the room, talking about what recovery means to Caithness. The final speech of the evening was from Carlene Rosie, Carlene spoke about her own experiences and how much she has achieved now that she is in recovery.



Recovery Walk Scotland 2019

This year the Recovery Walk was held in Inverness. It is the most northern destination to date for the walk. The co-organisers, The Scottish Recovery Consortium were keen to show that recovery affects every community across the whole of Scotland. It was a glorious day, full of emotion. Starting with the roses



Photo courtesy of Eve MacLeod

Ceremony on the banks of the River Ness, to commemorate those we have lost to drugs, alcohol and mental health.

The walk was led by the Inverness City Pipe band, as we walked down the opposite bank of the river, we could see the walkers still making their way from the start point up over the bridge. It was awe inspiring to see how many people had made the journey to Inverness to support and celebrate recovery. The walk made its way up to Inverness

castle and on down past the town house and back to the Northern meeting park.

The Recovery Village had lots of Art and Craft stalls. Rapid Relief provided free burgers to everyone. Jardine opened the village with a short speech, followed by the Walk Ness walk planning group and Joe Fitzpatrick, Minister for Public Health, Sport and Well Being. After the speeches there was music provided by the Vandal and a DJ. The final performance of the day was from Torridon, who really got the party going. At the end of the day, everyone held hands and said the Serenity Prayer.

The Highland ADP would like to thank everyone who helped and supported this event, both in the planning of the walk and on the day.



Photo courtesy of Eve MacLeod



For more pictures and information on the Recovery Walk please see The Public Health Blog: <https://nhshighland.publichealth.scot.nhs.uk/recovery-walk-scotland-2019-2/>

Training Opportunities

NPS Training

Monday 21st October 2019, 9.30am– 1pm, Inverness, Venue TBC

For more information and to book [click here](#)

Basic Drug and Alcohol Awareness

Monday 14th October 2019, 9.30am– 4.30pm, Inverness, Venue TBC

For more information and book [click here](#)

ABI Training

Thursday 7th November 2019, Health Centre, Dingwall

For more information and to book [click here](#)

SHAAP/SARN 'Alcohol Occasionals'

SHAAP and SARN have organised lunchtime 'Alcohol Occasional' seminars. Each seminar showcases innovative research on alcohol use and gives individuals, researchers, practitioners and policy members the chance to hear and discuss alcohol-related topics over lunchtime: [click here](#)

Discussing Drugs and Alcohol with Young People

Wednesday 2nd October, 9.30am–1.30pm, Aviemore, Venue TBC

Tuesday 19th November, 9.30am– 1.30pm, Kingussie, Venue TBC

To book—[Click here](#)

Violence Against Women Training Calendar—[Click here](#)

Online Internet Safety Course— Monday 7th October 2019, 2-4pm, Highland Council HQ, Glenurquhart road. This event is free to attend and targeted at professionals working with children and young people. This may include education, health, social care, police, youth and community based services, and other third sector partners. For more information and to book—[Click Here](#)

Scottish Drugs Forum Training

Drugs and Bugs— Monday 7th October, 9.30am–12pm, Classroom 2, Centre For Health Sciences, Inverness. For more information and to book—[Click Here](#)

Tootin versus shootin— Monday 7th October, 1pm– 4pm, Classroom 2, Centre for Health Sciences. For more information and to book— [Click Here](#)
