



New Psychoactive Substances

The purpose of the New Psychoactive Substances (NPS) training is to strengthen the knowledge of generic workers and enhance confidence and skills for providing information and support to people using NPS/legal highs. New psychoactive substances (NPS), sometimes referred to as legal highs, are designed to produce similar effects to illegal drugs such as cocaine, cannabis and ecstasy. It is often difficult to tell what chemicals are in NPS and there is very little research into the short or long-term effects. However, NPS appear to be far from harmless and can have similar health risks to illegal drugs. The course covers; the most common types of NPS, their appearance and effects, impacts on health and behaviour, recognising use, providing information, support and reducing harm. For those attending, it would be useful to have a basic awareness of drugs.

The Art of Being a Lead Cafe Host

The Scottish Recovery Consortium has created a day long training opportunity for Staff and recovery activists alike that want to lead their own 'World Style' conversation cafe events. Participants delve deeper into the working process and details of question making and building a receptive environment for great conversations

Achieving Recovery Quality Standards and Outcomes

The Scottish Recovery Consortium will guide staff through the new Scottish Government quality principles and standard expectations of care and support in Drug and Alcohol Services. These mark a decisive commitment to recovery orientated treatment and we explore what is now expected of patients and providers of treatment services

Recovery Matters

Recovery Matters is a one day workshop for staff at the front line of addiction treatment and recovery services. Participants are joined by recovery activists who provide additional insight from the perspective of long term recovery from addiction. Key drivers for recovery orientated treatment practice are discovered and explored as part of the days learning and the relationships that build recovery practice and outcomes in treatment are made at workshop tables. Throughout the course of the day, staff are empowered to shift their treatment practice to focus on recovery from addiction.