



Freephone helpline
08080 10 10 11

helpline@sfad.org.uk
webchat
www.sfad.org.uk

Scottish Families Affected by Alcohol and Drugs supports anyone who is concerned about someone's alcohol or drug use. By family we mean family members, carers, friends, neighbours, work colleagues, or any other concerned significant other. We provide a range of national services from our base in Glasgow.

Follow us on social media

 @ScotFamADrugs

 @ScottishFamiliesAffectedByDrugs



Edward House
199 Sauchiehall Street
Glasgow G2 3EX
Helpline: 08080101011
General enquiries: 0141 465 7523
info@sfad.org.uk
www.sfad.org.uk



How we can help



Free **confidential helpline** - 08080 10 10 11 / helpline@sfad.org.uk / webchat available on www.sfad.org.uk. Our advisers will offer listening support and advice to anyone concerned about someone's alcohol or drug use. The helpline is available Monday - Friday between 9am and 11pm and Saturday and Sunday between 5pm and 11pm. Voicemails can be left out of hours and one of our advisers will call you back.



Telehealth service which is a series of free one-to-one sessions over the phone, video chat or instant messaging over 6 - 8 weeks and is available across Scotland.



Bereavement Support service which offers listening support and advice to family members who have lost a loved one where drugs may have been a reason for their death along with the opportunity to speak to a professional counsellor in their local area. The service is free, offers up to six individual counselling sessions and is available across Scotland.



Family Support Services in East Dunbartonshire and Forth Valley offering one-to-one support and family support groups.



We also deliver **Workforce Training and Development Support** to organisations across Scotland. Any enquiries for training should go to training@sfad.org.uk.



We have developed a range of approaches to **Working with Communities**, including our Adult Learning and Empowering Communities (ALEC) toolkit which uses an asset-based community development approach.



We play an active **Policy and Campaigns** role in shaping and influencing policy and practice. We are members of a number of expert groups and partnerships.

**Contact our helpline or visit our website to find out how to
access all of our services**

08080 10 10 11
helpline@sfad.org.uk
www.sfad.org.uk