

HADP News Bulletin



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Dear Colleagues

Welcome to the 18th edition of the HADP News Bulletin. This issue is information on upcoming events and training. HADP would like to wish you all the best for 2017.

Many thanks

HADP



Special points of interest:

Resolve Newsletter

<http://us2.campaign-archive1.com/?u=4c5f4c2150c889c75175cdb6d&id=5cdab7a5a6&e=2946bfc007>

Updated Service Directory

<http://www.highland-adp.org.uk/publications>

Nice Dual Diagnosis Guidance 2016

<http://www.alcoholpolicy.net/2017/01/nice-guidance-dual-diagnosis-2016.html>

Psychoactive substances ban 6 months on: almost 500 arrests and first convictions

Nearly 500 people have been arrested since the government’s landmark Psychoactive Substances Act came into force 6 months ago | Home Office, UK

<https://www.gov.uk/government/news/psychoactive-substances-ban-6-months-on-almost-500-arrests-and-first-convictions>

Public health experts call for ban on alcohol advertising in UK

Public health experts have called for a ban on alcohol advertising in the UK in light of new research that claims the industry’s marketing practices encourage young people to drink

<https://www.theguardian.com/society/2017/jan/10/public-health-experts-call-ban-alcohol-advertising-uk>



Event Invitation

Scottish Drugs Forum (SDF) is a membership based organisation and is a national resource of expertise on drugs issues.

SDF Seminar and
Annual General
Meeting 2017

8th of February 2017

Grand Central Hotel,
Glasgow

Scottish National
User Involvement
Forum Conference

2nd of March 2017

George Hotel,
Edinburgh

Image and
Performance
Enhancing Drugs
Conference

22nd of March 2017

Grand Central Hotel,
Glasgow

Three events for your new calendar!

Dear Colleagues,

Scottish Drugs Forum is pleased to invite you to three events in 2017.

The 2017 SDF Seminar and Annual General Meeting

8th of February - Grand Central Hotel, Glasgow

(Free - more details below)

The Scottish National User Involvement Forum Conference

2nd of March - George Hotel, Edinburgh

Image and Performance Enhancing Drugs Conference (with Health Protection Scotland)

22nd of March - Grand Central Hotel, Glasgow

Please put these dates in your diary.

Bookings are open for the SDF Seminar and annual general meeting and you can find out more and book for this event by [clicking here](#).

The seminar will hear about the latest trends in drug use and related issues in Europe with a keynote address from Lucas Wiessing of the [European Monitoring Centre for Drugs and Drug Addiction \(EMCDDA\)](#) and also see the first publication of the results of The 2017 SDF Drug Trends Survey which is currently being completed by drug services across Scotland.

This event will host briefing and discussions on key policy and practice areas -

- Responding to blood borne virus outbreaks
- Employability options in Scotland
- Funding challenges for the sector
- Improving service quality - the workforce is key?
- Older drug users - emerging findings of expert working group

The challenge of reducing stigma on people with a drug problem

This event is **free** and early booking is advised as the number of places is limited.

We look forward to seeing you in the new year.

Best regards,

Austin Smith
Policy and Practice Officer
Scottish Drugs Forum

Highland Alcohol and Drugs Partnership Annual Stakeholder Event

A Date for the Diary:

The Highland Alcohol and Drugs Partnership Annual Stakeholder Event will be held on the **21st of June 2017**. Further information will follow.

Culloden Academy complete Park run for Rock Challenge



Today's Inverness parkrun saw 193 runners take to the Bught Park circuit including about 45 Culloden Academy pupils who are taking part in the Be Your Best Rock Challenge 2017. To help with the school's fundraising for this event and to assist with achieving the Healthy Lifestyles award, the pupils ran the circuit with all the other runners and contributed to 53 first timers running our Highland event! The regular runners also appreciated the chocolates waiting at the end of the course which were donated by the school.

Dry January

Dry January – Take the Challenge

Dry January is an Alcohol Concern campaign which encourages people to give up alcohol for a month and experience the benefits. There is a lot of support available for those wishing to take the challenge and make a change: <http://www.alcoholconcern.org.uk/dry-january>

Evidence suggests that participation in abstinence challenges such as Dry January may be associated with changes in behaviour toward healthier drinking. It is also the case that very few people tend to report increased alcohol consumption following a period of voluntary abstinence: Voluntary Temporary Abstinence From Alcohol During “Dry January” and Subsequent Alcohol Use

Discussing Drugs & Alcohol with Young People

Discussing Drugs and Alcohol with Young People (DDAYP) is an approach based on the principles of Motivational Interviewing and Brief Interventions, providing structure to opportunistic, non-confrontational conversations to support young people to make healthy lifestyle choices around drugs and alcohol.

Tuesday 31st January 2017 9.30am– 1.30pm, Centre for Health Science, Inverness

To book onto the above course please click on the following link: [Booking Forms](#) Please return to [Tanzeela Bashir](#)

Friday 10th February 2017 1pm-5pm, MacPhail Centre, Ullapool

To book onto the above course please click on the following link: [Booking Forms](#) Please return forms to [Wilma Kelt](#)

For more information contact

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NPS Training

New Psychoactive Substances

The purpose of the New Psychoactive Substances (NPS) training is to strengthen the knowledge of generic workers and enhance confidence and skills for providing information and support to people using NPS/legal highs. New psychoactive substances (NPS), sometimes referred to as legal highs, are designed to produce similar effects to illegal drugs such as cocaine, cannabis and ecstasy. It is often difficult to tell what chemicals are in NPS and there is very little research into the short or long-term effects. However, NPS appear to be far from harmless and can have similar health risks to illegal drugs. The course covers; the most common types of NPS, their appearance and effects, impacts on health and behaviour, recognising use, providing information, support and reducing harm. For those attending, it would be useful to have a basic awareness of drugs. We have three new dates for training in Inverness:

January 19th 2017

Further information and booking form can be found here:

<http://www.highland-adp.org.uk/calendar>

All booking forms should be returned to aileen.trappitt@nhs.net

