

Issue 48

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HADP News Bulletin



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Welcome to Issue 48 of the Highland Alcohol and Drugs Partnership News Bulletin.

We hope you find all the updates useful during this challenging time. Service updates can also be found on the HADP [Website](#)

HADP appreciates all the work that you do and we wish you all well

Many thanks

HADP

Special points of Interest:

Coronavirus (COVID-19)

Latest guidance about COVID-19 from NHS Scotland and the Scottish Government, including social distancing and stay at home advice. **NHS Inform**—[Click here](#)

Scottish Government: Coronavirus (COVID-19): tailored advice for those who live with specific medical conditions—[Click here](#)

Scottish Government: Coronavirus (COVID-19): shielding support and contacts—[Click here](#)

Drug & Alcohol Recovery Service – NHS Highland – Update – [Click here](#)

Guidance for COVID-19 and people with alcohol related problems - SHAAP – [Click here](#)

Advice for heavy drinkers who are planning to cut back or stop drinking in the context of COVID-19 – SHAAP – [Click here](#)

COVID-19: emergency legislation to enable supply of controlled drugs—[Click here](#)

Contingency planning for people who use drugs and Covid 19 Guidance - SDF —[Click Here](#)

Information leaflet on COVID-19 for people who inject drugs - SDF - [Click here](#)

People who inject drugs can 'give bacteria the boot' with new booklet – SDF – [Click here](#)

Coronavirus advice – Crew 2000—[Click here](#)

Scottish Drugs Forum Newsletter—[Click here](#)

Coronavirus: Dealing with dependence while in lockdown – [Click here](#)

HADP Core Indicators – Performance Data— [Click here](#)

Scottish Families Affected by Alcohol and Drugs March Bulletin—[Click here](#)

Training Opportunities

Please be advised that all HADP training courses have been postponed until further notice.

UK SMART Recovery Coronavirus Guidance

We are living through difficult times with the outbreak of the new Coronavirus disease COVID-19. While face to face meetings have had to close, SMART is very much open for the business of supporting people to manage their recovery. We are developing many new opportunities as you will see below.

Guidance on closing meetings:

Champions should follow their own organisation's policy and procedures, (based on their legal accountability for Health & Safety) regarding closing SMART meetings. SMART advises all meetings to close until the current situation improves and government guidelines change.

Peer Meeting Facilitators/SMART volunteers must temporarily close meetings to protect themselves, participants and the wider community. SMART's top priority is the health and wellbeing of our volunteers, meeting participants and staff. Any meetings that continue to run pose a risk to the health of participants and the wider community and will not be covered by SMART's insurance.

Central Office will be providing its usual service and response to queries etc. Although everyone is now working from home there should be no discernible difference to your experience. For more detailed information on SMART's response to Coronavirus, please click the link:

<https://smartrecovery.org.uk/2020/03/10/coronavirus/>

Alternatives to SMART meetings at services and in the community

We are acutely aware of the need people in recovery have for connection and for the mutual support found in SMART meetings. We are working hard to provide alternatives so we can continue to do what we do best; empower people to manage their thoughts, feelings and behaviours through the tools SMART programme:

We have rapidly scaled up the number of online SMART meetings in the last few days. We now have 12 meetings with a variety of day and evening timings, all facilitated by trained and vetted staff or volunteers: . <https://smartrecovery.org.uk/online-meetings/>

Please share this information with your service users, volunteers and staff. Meetings can be accessed by smart phone, pad, laptop or PC. If people experience difficulties in attending please call Central office on 0330 053 6022, during office hours, for help.

We are working on our other online platform to enable facilitators to have a dedicated online meeting for the participants who are used to attending their face to face meeting. We hope to launch this next week, once we have developed training to support facilitation in this new media.

We are adding new resources and examples of tools to the website on a regular basis so please encourage facilitators and services users to keep checking back. We will also add information about all aspects of recovery and coping with life during this epidemic to support people practically.

SMART Recovery International is coordinating our global response and countries will be working together to ensure mutual support is still available. There are over 50 English language online SMART Recovery meetings running each week through SMART Recovery USA, UK SMART Recovery and SMART Recovery Australia. Discussion forums and chat rooms are also available on the US website and open to all:

<https://www.smartrecovery.org/covid-19-smart-recovery-face-to-face-meetings/>

We have more plans to offer support which we will be announcing in the coming weeks.

Highland TSI Covid 19 Website

HTSI would like to direct you to a new website that has been launched today specifically to deal with Third Sector issues related to COVID-19 in Highland.

<https://www.covidhelp4highland.org/>

You will see loads of useful information all in one place. There are register of activities, a space to register your activity, register for volunteering opportunities.

There is details of a new Third Sector Helpline that has also been set up today, and a single point of Scottish Government, Highland Council Community Information and up to date numbers relating to COVID-19.

Please have a look at it and make use of the information it contains.

British Liver Trust

Thank you to everyone who has reached out to us for help and advice during this unprecedented time. Offering support and information to people affected by a liver condition is our priority and during this time, we are working tirelessly to provide you with the most up-to-date guidance relating to COVID-19.

On 23rd March 2020, the Government announced new measures to minimise contact between people by restricting the number of times people leave their homes and preventing large gatherings. The general public is being told to leave their home only for essential shopping, to exercise once a day, and for medical reasons.

In addition, some liver patients are being asked to take additional measures to keep safe. The NHS is writing to all individuals who must follow this guidance. However, if you are worried that you are in a high-risk group and haven't received a letter, please speak to your doctor.

Visit our website for more information and [our latest advice on Coronavirus \(COVID-19\)](#), which includes all our frequently asked questions about the disease for people affected by a liver condition and tips on dealing with self-isolation.

The British Liver Trust are continuing to update the information on our website regularly. If you are enquiring about COVID-19, please do consult the [website](#) first as this will be the quickest way to find the information that you need.

Thank you once again for your understanding, and on behalf of all the team at the Trust we send you and your families all good wishes.

Stay safe!



Applications are now open for the Third Sector Resilience Fund (TRSF).

Part of a £350m support package by the Scottish Government for the sector in response to the Coronavirus pandemic, the Third Sector Resilience Fund will support organisations across the third sector who are at risk of closure due to a sharp decrease in income or that are unable to deliver their services directly as a result of the Coronavirus pandemic. The fund's primary intention is to help these organisations to stabilise and manage cashflows over this difficult period.

The TRSF is delivered by Firstport, Social Investment Scotland and Corra Foundation and it offers charities, voluntary organisations and social enterprises grants of £5,000-£100,000. In addition there will be up to a further £5m available in fully flexible, 0% interest loans starting at £50,000.

For more information and to apply, visit the SCVO's Coronavirus Third Sector Information Hub

Scottish Government—Delivering Equally Safe Fund

The Delivering Equally Safe (DES) Fund aims to ensure that front line specialist services supporting women and children experiencing gendered violence continue to receive support, in line with Equally Safe priorities. In addition this new fund will help support a shift towards early intervention and prevention. It will provide increased support to the sector, with the increased budget distributing around £13 million of funding annually.

The Scottish Government are keen for the funding to help support greater partnership working and multi-agency collaboration across the sector. The deadline for the fund has been extended to **Sunday 26th June 2020** due to the impact of the Coronavirus (COVID-19) pandemic. One of the requirements to receive funding, is that organisations are engaged with the work of the local VAW Partnership.

The Scottish Government team who have responsibility for this fund are currently recruiting a fund manager who should be in place in May. They also have a dedicated email address for the fund, and can be contacted at deliveringequallysafefund@gov.scot.

Full details can be found here: <https://www.gov.scot/publications/delivering-equally-safe-fund-2020-to-2023-process-for-applicants/>