

Issue 31

12th October  
2018

# HADP News Bulletin



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Welcome to Issue 31 of the Highland Alcohol and Drugs Partnership News Bulletin. There is lots of free training opportunities included in this weeks bulletin as well as information on upcoming events.

Many thanks

HADP

## Special points of Interest:

**Recovery Walk Blog post—[Click Here](#)**

**SIGN: Prelaunch meeting:** Children and young people affected prenatally by alcohol: National guidance for identification, screening and diagnosis in Scotland—for more information and to book—[click here](#)

**Maximising the Impact of Scottish Drugs Research:** The Drugs Research Network Scotland (DRNS) is hosting their first annual conference titled "Maximising the impact of Scottish drugs research" on the 28th November in Glasgow. For more information and to book—[Click here](#)

**Scottish Drugs Forum October News Letter—[Click Here](#)**

**Scottish Families AGM and Day Event—From Where I stand.** Join us on November 10th for our AGM and family event. We will be running workshops on family voices and the media, the arts, and storytelling. You will have the chance to go to all three workshops so you won't miss a thing! The event starts at 10am and will finish at 1pm.

This event is for family members, family support group facilitators and professionals/organisations. There's only a set number of tickets so don't miss out and book yours now! For more information and to book - [Click Here](#)

## Training Opportunities

### **New Psychoactive Substances (NPS)**

#### **Basic Drug and Alcohol Awareness**

Thursday 8th November 2018, 9.30am—4.30pm, Inverness, Venue tbc

For more information and a booking form please [click here](#)

#### **ABI Training**

Wednesday 28th of November 2018, 9.30am—1.00pm, Inverness, Venue tbc

For more information and to book [click here](#)

#### **Drugs and Bugs—An Introduction to Bacterial Infection and Drug Use**

Wednesday 13th February 2019, 9.30am—12.30pm, Inverness, Venue to be confirmed. For more information and to book a place please [click here](#)

#### **'Tooting' versus 'shooting' (and other routes and methods of drug use)**

Wednesday 13th February 2019, 1.30pm—4.30pm, Inverness, Venue to be confirmed. For more information and to book a place please [click here](#)

#### **SDF e learning module—Overdose prevention, Intervention and Naloxone**

For more information or to complete this online module please [click here](#)

#### **Training the Trainers: Introduction to Core Behavioural and CBT Skills for Relapse Prevention and Recovery Management**

The overall aim of this training project is to provide experts in psychological therapies with the knowledge, skills and opportunity to develop their competencies as teachers / trainers. The aim of the first training day will be to review the course materials and provide participants with the opportunity to practice presenting the materials. This introduction to the Core Skills is followed by a two day course exploring educational principles underpinning adult learning and additional practice. For more information and to book please copy and paste the following address into your web browser (you will need to use Mozilla fire fox or Google chrome):

<https://www.portal.scot.nhs.uk>

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## SMART Facilitator Training

UK SMART Recovery (UKSR) run a network of Champion and peer led mutual aid meetings aiming to support people in their recovery journey. The organisation also works in partnership with care professionals and commissioners to introduce mutual aid within the care and treatment system and support the development of new peer led meetings in the community.

**Smart Facilitator Training:** HADP are arranging for the next round of Facilitator Training to take place in Inverness - dates, times and venue TBC. Places on this training will be limited. Any workers who are interested should have the support and permission of their Line Manager to undertake the training and the future facilitation of groups. We also welcome interest from any peers in our community who would wish to undertake the Facilitator Training. Please contact [Sharon.holloway1@nhs.net](mailto:Sharon.holloway1@nhs.net) for further information.

## Alcohol Brief Interventions

During Alcohol Awareness Week we are holding two drop-in sessions within the Small Dining Room at Raigmore. Come along and see us if:

- you've completed the LearnPro module on ABIs and have some questions or
- you trained a while ago and want to refresh your knowledge or
- you'd like to be able to talk to your patients about their alcohol use to help them make an informed choice or
- you'd just like to know what ABIs are about.

Wednesday 21st and Friday 23rd November, 12 noon - 2pm

## Alcohol Anonymous Event

### AA Highlands & Islands Region

Invite you to attend an **Experiential Open Meeting For Professionals**—Join AA members as they share their experience, strength and hope.

**INSHES CHURCH, INVERNESS IV2 3TW**

**TUESDAY, 13 NOVEMBER 2018, 1400 - 1600**

**Book online at  
[eventbrite.com](https://www.eventbrite.com)>**

**Or email [ecomm.inverness@aamail.org](mailto:ecomm.inverness@aamail.org)**



Psychology Directorate

## Psychological Interventions Team

# Developing and Enhancing Motivational Coaching Skills

**Facilitators:** Sue Hudson-Craufurd, Malcolm Taylor, Pam Doig

**Date & Time:** 21 November 2018 and 16-17 January 2019, 10am-4:30pm

**Venue:** School House, Astley Ainslie Hospital, 74 Canaan Lane, Edinburgh EH9 2TB

### Description:

This training will provide experienced clinicians with the opportunity to develop their skills in coaching others in the use of Motivational Interviewing and core behavioural skills to address substance misuse. There will be a focus on providing motivationally consistent coaching in a group setting.

### Target Audience:

This training is designed for practitioners developing skills-based coaching in either Motivational Interviewing or Core Behavioural and CBT Skills in Relapse Prevention and Recovery Management. Participants need to have advanced knowledge of and a high level of skilfulness in at least one of these two interventions, and to have participated in previous NES MI or Core Skills training, or comparable training. This training is open to practitioners employed across all sectors, who are working with people misusing alcohol and other drugs across a range of substance misuse, mental health and other health services.

*Participants will be required to complete a selection task before acceptance on the course.*

**Lunch and refreshments will be provided.**

For further information about the training, please contact:

**Laura Freeman**, Principal Educator  
Email: [Laura.Freeman@nes.scot.nhs.uk](mailto:Laura.Freeman@nes.scot.nhs.uk)

For assistance with the Portal and application process, please contact:

**PI Team Administrator**  
Email: [francesca.king@nes.scot.nhs.uk](mailto:francesca.king@nes.scot.nhs.uk)  
Tel: 0131 656 3455

**Deadline for Applications: 24 October, 2018**

To register your interest and receive an application for this course, please visit the NES Portal at:  
<https://www.portal.scot.nhs.uk>

**Instructions on how to register on The Portal** can be found on the Psychological Interventions team website:  
<https://www.nes.scot.nhs.uk/education-and-training/by-discipline/psychology/multiprofessional-psychology/adult-mental-health/training-programme-2018-2019.aspx>