

Issue 28

23/07/2018

# HADP News Bulletin



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Welcome to the latest edition of the Highland Alcohol and Drugs Partnership News Bulletin. Included in this issue is information regarding the recovery walk. Don't forget to check out the training opportunities on page 4.

HADP Research and Intelligence Specialist, Carolyn Hunter-Rowe has left the HADP Support team to take up a new post in Public health. We would like to take this opportunity to thank Carolyn for her help and support during her time with the ADP and wish her all the best in her new role.

Many thanks  
HADP

## Special points of Interest:

**Recovery Choir Change of Venue**—The Recovery choir will be held in the Kenneth Street Hall from now on. The next meeting of the choir is on Wednesday 25th July at 7pm

**Cannabis-based medicines get green light as UK eases rules**—[Click Here](#)

**Alcohol Focus Scotland June Newsletter**—[Click Here](#)

**Scottish Families Affected by Alcohol and Drugs Newsletter**—[Click Here](#)

**#StigmaMakesMeFeel** - [Click Here](#)

**EMCDDA Summer school**— Eve Macleod, Health Improvement Specialist recently attended the European Drugs Summer school in Lisbon. To read about her experience and for more information please click on the following links:

Eve's experience: <http://nhshighland.publichealth.scot.nhs.uk/?s=lassie+in+Lisbon>

News article : [http://www.emcdda.europa.eu/news/2018/european-drugs-summer-school-2018-kicks-off-in-lisbon\\_en](http://www.emcdda.europa.eu/news/2018/european-drugs-summer-school-2018-kicks-off-in-lisbon_en)

# RECOVERY WALK SCOTLAND



**Recovery Walk Scotland 2018 is taking place in Glasgow on Saturday September 15th. Please save the date in your diary now!** For the first time we are joining forces with Mental Health Recovery Communities making common cause against stigma and for recovery under the banner of "together we flourish".

Recovery Walk Scotland is thriving, we now have our own facebook, twitter and Instagram accounts please follow us and keep up to date with the event preparations directly.

Facebook: [www.facebook.com/RecWalkScot/](http://www.facebook.com/RecWalkScot/)

Twitter: [www.twitter.com/RecWalkScot](http://www.twitter.com/RecWalkScot)

Instagram: [www.instagram.com/recwalkscot](http://www.instagram.com/recwalkscot)

For more information on joining the Highland team, leaving Inverness to join the walk in Glasgow. Please contact Sharon Holloway: [Sharon.holloway1@nhs.net](mailto:Sharon.holloway1@nhs.net)

## Consultation on new Highland Licensing Board policy statement 2018-23

[https://www.highland.gov.uk/info/1126/licences\\_-\\_alcohol/729/licensing\\_meetings\\_and\\_policies/5](https://www.highland.gov.uk/info/1126/licences_-_alcohol/729/licensing_meetings_and_policies/5)

### Consultation Draft Policy Statement 2018-23

The board is currently seeking your views on licensing policies for the period November 2018 to November 2023. A consultation draft policy statement 2018-2023, setting out proposed policies and options, can be accessed at the links below along with background documents referred to.

You are invited to submit your views and comments on these proposed policies and options, along with your own ideas for any additional or different policies you think should be included, using the consultation response form provided (please add additional sheets if required). Responses should be submitted by no later than **31 August 2018** to the address provided in the response form.

Any queries or further information from Elisabeth Smart at [elisabeth.smart@nhs.net](mailto:elisabeth.smart@nhs.net)

## Training Opportunities

### **New Psychoactive Substances (NPS)**

Tuesday 25th September 2018 - 9.30 – 1.00 p.m. Inverness, venue to be confirmed  
For more information and a booking form please [click here](#)

### **Basic Drug and Alcohol Awareness**

Thursday 20th September 2018, 9.30am-4.30pm. Inverness, venue to be confirmed  
For more information and a booking form please [click here](#)

### **Understanding Stigma: Promoting Inclusive Attitudes and Practice**

Tuesday 18th September 2018, 9.30am—4.30pm. Inverness, venue to be confirmed  
For more information and to book a place [click here](#)

### **Staying Alive—Preventing Drug Related Deaths**

Thursday 30th August 2018, 9.30am—4.30pm. Inverness, venue to be confirmed  
For more information and to book a place [click here](#)

### **ABI Training**

Tuesday 4th September 2018, 9.30am—1pm. St Kilda Room, Scottish Natural  
Heritage, Inverness. To book a place [click here](#)

## Drug Related Deaths in Scotland 2015-2016

[Drug Related Deaths in Scotland in 2017](#) is an annual publication that provides statistics of drug-related deaths which were registered in Scotland over the period from 1996. The figures were produced using statistics from the development of policy by the Scottish Government and by a number of other interested parties such as the Partnership for Action on Drugs in Scotland, NHS Boards and local Alcohol and Drugs Partnerships.

The [National Drug-Related Deaths Database \(Scotland\) Report](#) – Analysis of Deaths occurring in 2015 and 2016

The National Drug-Related Deaths Database (NDRDD) was established to collect detailed information regarding the nature and circumstances of those who died a Drug-Related Death (DRD) in Scotland. This report covers the calendar years 2015 and 2016 with trend data from 2009.

The NDRDD reports deaths in greater detail with the aim of providing further insights into the lives of those who died and highlight potential areas for intervention.

The main findings are that Scotland has an ageing cohort of people with a drug problem who have multiple complex health and social care needs. Many people who had a DRD shared similar characteristics: they were male, aged over 35, socially deprived, lived alone and had a history of injecting opioid use and non-fatal overdose.

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Psychology Directorate

## Psychological Interventions Team

### A guide to the delivery of psychological interventions in substance misuse services in Scotland: Implementing the LPASS report in practice

|                 |  |
|-----------------|--|
| <b>30 Aug:</b>  | Glasgow Council on Alcohol, Glasgow G3 7LE |
| <b>31 Aug:</b>  | NES Office, Edinburgh, EH3 9DN             |
| <b>5 Sept:</b>  | Stirling Highland Hotel, Stirling FK8 1DU  |
| <b>14 Sept:</b> | Forest Grove House, Aberdeen, AB25 2ZP     |

**Facilitators:** Laura Freeman, Peter Littlewood and LPASS members  
**Time:** 12:00 – 16:30

#### Description:

The Lead Psychologists in Addiction Services Scotland (LPASS) report was released in June 2018, providing a framework for commissioners, managers, trainers and practitioners to guide the delivery of psychological interventions in substance misuse services. The aim of this seminar is to introduce participants to the LPASS report and explore strategies for implementation. Innovative examples of practice across Scotland will be highlighted, existing resources for psychological interventions training, coaching and supervision explored and further needs identified.

#### Target Audience:

This seminar has been developed for commissioners, managers, trainers and practitioners across all sectors of substance misuse services.

Lunch and refreshments will be provided.

For further information about the training, please contact:

Laura Freeman, Principal Educator,  
 Psychological Interventions Team.  
 Email: [Laura.Freeman@nes.scot.nhs.uk](mailto:Laura.Freeman@nes.scot.nhs.uk)

For assistance with the Portal and application process, please contact:

PITeam Administrator  
 Email: [francesca.king@nes.scot.nhs.uk](mailto:francesca.king@nes.scot.nhs.uk)  
 Tel: 0131 656 3455

**Deadline for Applications: 27 August 2018**

To register your interest and receive an application for this course, please visit the NES Portal at:  
<https://www.portal.scot.nhs.uk>

Instructions on how to register on The Portal can be found on the Psychological Interventions team website:  
<http://www.nes.scot.nhs.uk/education-and-training/by-discipline/psychology/multiprofessional-psychology/adult-mental-health/training-programme-2018-2019.aspx>