

HADP Weekly Bulletin



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Welcome to Issue 12 of the HADP news bulletin. This fortnight we have a bumper issue full of news, events and training that we hope you will find informative. As always your comments and feedback are appreciated.

Many thanks

HADP



Special points of interest:

Scottish Government Consultation on New Mental Health Policy

Earlier in the summer the Scottish Government launched a consultation on a new Mental Health strategy to cover a 10 year period. The consultation is live until 16 September and can be found at the following link: <https://consult.scotland.gov.uk/mental-health-unit/mental-health-in-scotland-a-10-year-vision/>

Consultation on the questionnaire content of the Scottish Health Survey

The closing date for completion of the survey is 17 October 2016
<http://www.gov.scot/Publications/2016/09/5744/downloads>

Low Risk Alcohol Guidelines

The following low risk alcohol guidelines are useful for us all to be familiar with:

https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/545937/UK_CMOs_report.pdf

Connecting Young Carers

<http://connectingyoungcarers.org/>

SDF Newsletter

<http://us11.campaign-archive1.com/?u=e11f8fc83cbbb714881d3030b&id=117e7ba884&e=6d45d6a5f8>

SFAD Newsletter

www.sfad.org.uk/get-involved/newsletter

Investigating the role of benzodiazepines in drug-related mortality

<http://www.scotpho.org.uk/downloads/scotphoreports/scotpho160209-Investigating-the-role-of-benzodiazepines-in-drug-related-mortality.pdf>

Recovery Rises in Caithness

Over 70 people from a range of organisations discussed ways to support people in recovery from drug and alcohol problems at an event in Thurso this week (Tuesday, 30th August).

The “Conversation Cafe” was organised by the Caithness Drug and Alcohol Forum and provided an opportunity for guests to plan ways to demonstrate that people in Caithness can and do recover from dependency and make positive contributions to the community.

The event was attended by workers from a range of agencies in Caithness and from across Highland. They were joined by people in recovery and their families, who shared their experience of the impact of substance misuse problems and what helps with recovery.

Lesley Campbell, chair of the Forum, said: “It was inspirational to hear that many people do recover and are able to move on and lead fulfilling lives”.

“I would like to thank everyone that came along. The event was inspirational and there was a real feeling of hope for the future of recovery in Caithness”.



Group discussions are brought to a gentle end around tables.



What might Recovery in Caithness look like in 2020? - practical solutions and ideas are shared from group discussions

The event was also captured by Graphic Facilitator Clare Mills, Listen Think Draw, whose work will be on display at a location near you in Caithness.



The Caithness Drug and Alcohol Forum, who received support from the Scottish Recovery Consortium and the Highland Alcohol and Drugs Partnership in organising the event, are holding their Annual General Meeting at 6.30 p.m. on 14th Sept in the Norseman Hotel in Wick.

Social Services Knowledge Scotland: Drugs and Alcohol Portal

The Social Services Knowledge Scotland website features a 'Drug and Alcohol Portal' which can support day-to-day work and learning by providing a wealth of material covering a variety of topics within the drugs and alcohol field. You can access the website here:



www.sskss.org.uk/topics/drugs-and-alcohol.aspx

Fetal Alcohol Spectrum Disorder (FASD) Awareness Day— 9th September

HADP are encouraging maternity services to host local events in order to promote that; if you are pregnant, or trying, the safest option is to avoid alcohol; as no alcohol means no risk to baby.

For further information on alcohol and pregnancy access: <http://www.alcohol-focus-scotland.org.uk/alcoholinformation/alcohol-and-pregnancy/>

To learn more about Fetal Alcohol Spectrum Disorder checkout the *Fetal Alcohol Harm* free, open access, online learning provided by NHS Education for Scotland, which covers introduction, understanding, prevention, identification and management topics, of which you can select the most appropriate to you.

Access: <http://www.knowledge.scot.nhs.uk/home/learning-and-cpd/learningspaces/fasd.aspx>

To get involved in raising awareness of FASD contact: Eve MacLeod Health Improvement Specialist, Email: eve.macleod@nhs.net Tel: 01463 704997 Mob: 07970 245799

COMMUNITY JUSTICE



IS CHANGING

HAVE YOUR SAY ON WHAT IT SHOULD LOOK LIKE...

On the 1st of April 2017 the responsibility for Community Justice in Highland will change to sit with the Community Planning Partnership. In preparation for that you are invited to take part in an initial series of workshops to capture views on what Community Justice in Highland should look like.

Workshops will cover an introduction to Community Justice, explore the sorts of services which exist locally and offer an opportunity to explore new opportunities. These workshops are for any third sector staff or volunteers, public agency staff or other interested parties.

Please register in advance by emailing events@highlandtsi.org.uk or call 01349 864289

Sutherland: Thursday 8th September 2016, 1000hrs – 1300hrs, Lairg Community Centre

Fort William: Tuesday 13th September 2016, 1230hrs – 1530hrs, Voluntary Action Lochaber, An Drochaid, Fort William

Inverness: Thursday 29th September 2016, 0900hrs – 1600hrs, Police Scotland HQ, Old Perth Road, Inverness

There will be a further event in Inverness in September 2016



www.highlandtsi.org.uk : 01349 864289 : @HighlandTSI

The Highland Third Sector Interface is a Scottish Registered Charity, SC043521 and a Scottish Registered Company SC425808

SCHOOL OF NURSING & MIDWIFERY

Addiction and Substance Misuse in a Range of Contexts

30 credits at SCQF Level 11 (Master's) (Module Number NUM066)

LEVEL **11**

PRE-REQUISITES

This module is suitable for registered nurses, midwives, health and social care professionals and other individuals who work with communities or with people with addiction and substance misuse issues, their families and/or carers. Normally, applicants are expected to be able to demonstrate degree level study; however, if this is not the case, interested individuals are encouraged to make contact and discuss their circumstances.



www.facebook.com/nursingandmidwifery



@RGUNursing



**ROBERT GORDON
UNIVERSITY ABERDEEN**

AIM OF MODULE

To provide a stimulating learning opportunity for individuals in the field of addiction and substance misuse who wish to advance their knowledge and skills and enhance the effectiveness of their work. The module will facilitate students from different backgrounds to explore differing perspectives and approaches within the field and to critically evaluate practices in their own area. Within their own context students will be challenged to demonstrate innovation in collaborative approaches to the care, treatment and/or support of people with addictions or substance misuse issues, their families and/or carers.

MODULE CONTENT

Students will study:

- Contemporary perspectives, policy, legislation and care, support and treatment models relating to addiction and substance misuse.
- Cultures and practices that impact on the experiences and outcomes of people with addiction or substance misuse issues and their families and/or carers.
- The evidence-base and applicability of a range of assessment methods and interventions.
- The efficacy of strategies for addressing professional, ethical and legal challenges.
- Innovative inter-professional or interagency approaches and application to practice.

MODE OF DELIVERY

The module is delivered using a blend of face to face (2 single study days) and online methods (including online chat, virtual classroom and discussion forums). Students will engage with directed and self-directed learning activities supported by the module team.

MODE OF ASSESSMENT

The mode of assessment is a written assignment that will demonstrate achievement of the module learning outcomes.

KEY DETAILS



STUDY OPTIONS

Online Learning



START DATE

Contact nursingcpd@rgu.ac.uk for this information



MODULE DURATION

1 semester



FUNDING

<http://www.rgu.ac.uk/finance-and-scholarships>



COMPLETION

On successful completion, credits can be used within; the Professional Studies Framework to gain academic award:

<http://www.rgu.ac.uk/professionalstudiesframework>
or MSc Advancing Nursing Practice
<http://www.rgu.ac.uk/cpd>

FOR MORE INFORMATION CONTACT

nursingcpd@rgu.ac.uk



Highland Homelessness Conference

“Transforming Lives – Improving Outcomes”

Wednesday 21st September 2016

Nairn Community & Arts Centre, King Street, Nairn

**NORTH &
ISLANDS
HOUSING
OPTIONS
HUB**

“The grass isn’t greener on the other side. It’s green where you water it.”

We are delighted to invite you to come along to be inspired, to learn and to network.

This year’s event, which is free to attend, is focusing on ways that we can all make a difference to people’s lives and why it’s so important. It’s a great opportunity to hear inspiring speakers who are well placed to contribute to this theme. They include Natalie Beal, Governor of HMP Inverness; Kate Polson, CEO of the Rock Trust, Bill Alexander, Director of Care & Learning, Highland Council, and James Dunbar, CEO of New Start Highland.

There will be lots of exciting workshops to choose from including sessions on:

- **How to build resilience with service users** - with Scottish Social Networks
- **Recovery** - with Highland Drug & Alcohol Partnership
- **Universal Credit & Paying for Housing** – with Dept. Work & Pensions and The Highland Council
- **Creating Psychologically Informed Environments & Why It Matters**
- with Dr. Neil Hamlet, Consultant in Public Health, NHS Fife

There will be opportunities to:

- Learn about what other organisations do and how they deal with the challenges that we all face
- Increase your knowledge of housing related issues
- Develop new skills
- Take part in discussions and debates
- Ask the experts any burning questions you have
- Network with people from across Highland and the north of Scotland, and catch up with familiar faces.

Please consider this as an important date for your diary - and your team’s!

Training opportunities like this in the north of Scotland are rare. Free events are even rarer! Don’t miss out.

This year’s conference has been supported by the North & Islands Hub as well as Homeless Action Inverness. We are therefore able to offer everyone a free place. The North & Islands Housing Options Hub comprises Highland Council, Aberdeen City Council, Aberdeenshire Council, Comhairle nan Eilean Siar, Moray Council, Orkney Islands Council and Shetland Islands Council.

Want to promote & share information about your service?

Take part in our Information Marketplace.

We are building in time for people to visit. Just let us know if you want a stall.

Who should attend?

Anyone who could be involved with individuals who may be experiencing, or are at risk of, homelessness.

This includes:

- Housing, Social Work, Education, Finance and other local authority staff
- People who use services
- Voluntary & third sector organisations
- Mental health practitioners
- Health professionals working with vulnerable individuals and families of all ages
- Support organisations & services
- Policy makers & commissioning managers
- Anyone interested in resolving homelessness

We look forward to seeing you, hearing from you, and building momentum for the delivery of quality services in Highland.



Highland Homelessness Conference

“Transforming Lives – Improving Outcomes”
Wednesday 21st September 2016

Nairn Community & Arts Centre, King Street, Nairn

9.30 am	Registration Tea/Coffee	
10.00	Welcome Opening Address	<i>David Goldie, Head of Housing, The Highland Council</i> <i>James Dunbar, Chief Executive, New Start Highland</i>
10.15	Opening Speaker	<i>Natalie Beal, Governor, HMP Inverness</i> <i>“Transforming Lives”</i>
10.45	Workshops: Session 1	
11.45	<i>Tea/Coffee</i>	
12.15 pm	Keynote Speaker	<i>Bill Alexander</i> <i>Director of Care & Learning, The Highland Council</i> <i>“Getting it right from the start”</i>
12.45	<i>Lunch</i> <i>Market Place</i>	<i>Please take time after lunch to visit the various information stands at the marketplace</i>
1.45	Workshops: Session 2	
2.45	Closing Speaker	<i>Kate Polson,</i> <i>CEO, Rock Trust</i> <i>“Building Resilience and Overcoming Challenges”</i>
3.15	Plenary Feedback Session / Q&A	<i>Panel of Workshop Leaders</i>
4.00	Finish	



Highland Funding Event

Tuesday 4th October 2016
10am—4pm
Inshes Church, Inverness

Free Lunch Included

Highland Third Sector Interface is working in partnership with the Highland Alcohol and Drugs Partnership to deliver an event supporting Highland based third sector organisations to consider how and where they can finance new and ongoing projects. In these ever challenging economic times the event will also offer some practical tips to put into practise. Also included in this event will be:



Presentations and Workshops



Please come along to find out more about other funding approaches such as **crowdfunding, social enterprise as well as loan finance options.**

For further information or to book a place, please contact:
aileen.trappitt@nhs.net

Discussing Drugs & Alcohol with Young People

Discussing Drugs and Alcohol with Young People (DDAYP) is an approach based on the principles of Motivational Interviewing and Brief Interventions, providing structure to opportunistic, non-confrontational conversations to support young people to make healthy lifestyle choices around drugs and alcohol.

Monday 3rd October 9.15 for 9.30 start - 1.30pm, Centre for Health Science, Inverness

Tuesday 4th October 1pm—5pm, Caol Community Centre, Fort William

For more information contact

Eve MacLeod

eve.macleod@nhs.net

01463 704997

07979 245799

To book onto one of these courses please click on the following link: [Booking Forms](#)

Recovery Matters Training

Recovery Matters is a one-day workshop for staff at the frontline of addiction treatment and recovery services. Participants are joined by recovery activists who provide additional insight from the perspective of long-term recovery from addiction.

Key drivers for recovery orientated treatment practice are discovered and explored as part of the day's learning, and the relationships that build recovery practice and outcomes in treatment are made at workshop tables.

Throughout the course of the day staff are empowered to shift their treatment practice to focus on recovery from addiction.

We provide all the materials, trainers and recovery assets needed to make this a recovery orientated training environment for everyone. To book on to this course please follow the link below:

<http://www.scottishrecoveryconsortium.org.uk/index.php?id=1825>

Alcohol Counselling Inverness AGM

Annual General Meeting of Addictions Counselling Inverness

Monday 10th October 2016 @ 5.30 – 6.30pm

Inshes Church, Inshes Retail Park, Inverness

Guest Speaker: Mhairi Whyllie, Chief Officer, Highland Third Sector Interface

Tea and Coffee will be Provided. To book a place please contact Elaine Fetherstone on elaine@addictionscounsellinginverness.org

Recovery Walk Scotland 2016

The Recovery Walk Scotland 2016 will take place on the 17th of September in Falkirk. The event will open with a 'Roses in the Caron' ceremony to remember those we have lost to addiction, followed by the walk itself, from the Kelpies at Helix park, through the centre of Falkirk to Callander park where there will be a Recovery village, with stalls, refreshments and entertainment. For more information and to see last years recovery walk film click on the link below:

<http://www.scottishrecoveryconsortium.org>

Watch this space for an update after the event!

