

HADP Bulletin Issue 10



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Special points of interest:

Alcohol and Drug Bulletin

<http://register.scotland.gov.uk/alcohol-drug-bulletin/2016/30/2/d7eb8f14-e1c3-4103-bad3-a64800afaf29>

SFAD Policy Briefing

<http://www.sfad.org.uk/userfiles/files/Policy%20Briefing.pdf>

Gambling Related Harm: A review of the scope for population health intervention

http://www.scotphn.net/wp-content/uploads/2015/09/2014_06_30_ScotPHN_Gambling_Related_Harm_FINAL1.pdf

Fetal Alcohol Spectrum Disorder

<https://www.holyrood.com/articles/comment/zika-virus-not-birth-defect-risk-scotland-should-be-most-worried-about>



Highland Homelessness Conference

“Transforming Lives – Improving Outcomes”

Wednesday 21st September 2016

Nairn Community & Arts Centre, King Street, Nairn

**NORTH &
ISLANDS
HOUSING
OPTIONS
HUB**

“The grass isn’t greener on the other side. It’s green where you water it.”

We are delighted to invite you to come along to be inspired, to learn and to network.

This year’s event, which is free to attend, is focusing on ways that we can all make a difference to people’s lives and why it’s so important. It’s a great opportunity to hear inspiring speakers who are well placed to contribute to this theme. They include Natalie Beal, Governor of HMP Inverness; Kate Polson, CEO of the Rock Trust, Bill Alexander, Director of Care & Learning, Highland Council, and James Dunbar, CEO of New Start Highland.

There will be lots of exciting workshops to choose from including sessions on:

- **How to build resilience with service users** - with Scottish Social Networks
- **Recovery** - with Highland Drug & Alcohol Partnership
- **Universal Credit & Paying for Housing** – with Dept. Work & Pensions and The Highland Council
- **Creating Psychologically Informed Environments & Why It Matters**
- with Dr. Neil Hamlet, Consultant in Public Health, NHS Fife

There will be opportunities to:

- Learn about what other organisations do and how they deal with the challenges that we all face
- Increase your knowledge of housing related issues
- Develop new skills
- Take part in discussions and debates
- Ask the experts any burning questions you have
- Network with people from across Highland and the north of Scotland, and catch up with familiar faces.

Please consider this as an important date for your diary - and your team’s!

Training opportunities like this in the north of Scotland are rare. Free events are even rarer! Don’t miss out.

This year’s conference has been supported by the North & Islands Hub as well as Homeless Action Inverness. We are therefore able to offer everyone a free place. The North & Islands Housing Options Hub comprises Highland Council, Aberdeen City Council, Aberdeenshire Council, Comhairle nan Eilean Siar, Moray Council, Orkney Islands Council and Shetland Islands Council.

Want to promote & share information about your service?

Take part in our Information Marketplace.

We are building in time for people to visit. Just let us know if you want a stall.

Who should attend?

Anyone who could be involved with individuals who may be experiencing, or are at risk of, homelessness.

This includes:

- Housing, Social Work, Education, Finance and other local authority staff
- People who use services
- Voluntary & third sector organisations
- Mental health practitioners
- Health professionals working with vulnerable individuals and families of all ages
- Support organisations & services
- Policy makers & commissioning managers
- Anyone interested in resolving homelessness

We look forward to seeing you, hearing from you, and building momentum for the delivery of quality services in Highland.



Highland Homelessness Conference

“Transforming Lives – Improving Outcomes”
Wednesday 21st September 2016

Nairn Community & Arts Centre, King Street, Nairn

9.30 am	Registration Tea/Coffee	
10.00	Welcome Opening Address	<i>David Goldie, Head of Housing, The Highland Council</i> <i>James Dunbar, Chief Executive, New Start Highland</i>
10.15	Opening Speaker	<i>Natalie Beal, Governor, HMP Inverness</i> <i>“Transforming Lives”</i>
10.45	Workshops: Session 1	
11.45	<i>Tea/Coffee</i>	
12.15 pm	Keynote Speaker	<i>Bill Alexander</i> <i>Director of Care & Learning, The Highland Council</i> <i>“Getting it right from the start”</i>
12.45	<i>Lunch</i> <i>Market Place</i>	<i>Please take time after lunch to visit the various information stands at the marketplace</i>
1.45	Workshops: Session 2	
2.45	Closing Speaker	<i>Kate Polson,</i> <i>CEO, Rock Trust</i> <i>“Building Resilience and Overcoming Challenges”</i>
3.15	Plenary Feedback Session / Q&A	<i>Panel of Workshop Leaders</i>
4.00	Finish	

Homeless Event Booking Form: Attached with email



Catalyst Project

Supporting Family Recovery from Substance Misuse

Networking & Consultation Workshop

“Improving Practice: Hearing Young Peoples Voices”

Practitioners working with children/young people and adults are invited to :

Networking & Consultation Workshop

Date: 1st September from 12.30 – 4.30 p.m.

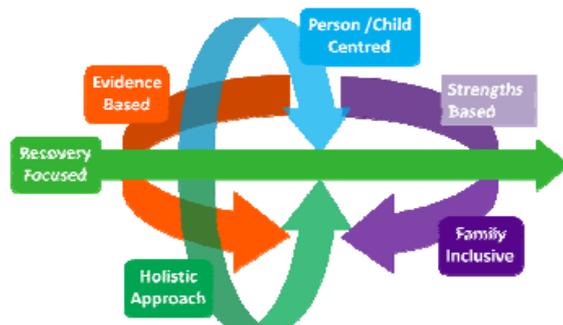
(Lunch from 12.45 – 1.30 pm / workshop from 1.30 to 4.30 pm)

Venue: Capstone Centre, Obsdale Rd, Alness

The Catalyst Project aims to improve support for families (children and parents/carers) throughout recovery from problem drug and alcohol use.

The workshop will:

- Enable practitioners to hear the experiences of local young people
- Strengthen links between adult and children's services
- Consult with practitioners on improving local support
- Provide opportunities for networking



To book a place contact: aileen.trappitt@nhs.net before 26th August.

The Catalyst Project is a partnership between Action for Children, Highland Council, NHS Highland, Highlife Highland and Highland Alcohol & Drugs Partnership that is funded by Lloyds TSB.



AFS Regional Licensing Events: RELOADED

Dundee – Tuesday 20 September, 10am – 3.30pm, Tayside Deaf Hub

In 2012 we came together at regional licensing events to discuss how the alcohol licensing system in Scotland could be improved. Four years on, have the recommendations made during those discussions been realised?

As we look ahead to newly constituted licensing boards with a fresh round of Statements of Licensing Policy in 2017/18, we would like to invite colleagues to these **free** events to explore the experience and learning gained over the past four years and to identify areas of ongoing challenge.

The events will include presentations giving ‘views from the ground’ from local speakers, and from Health Scotland’s MESAS team who will discuss their recent evaluation of the Licensing (Scotland) Act 2005. The events are intended to be interactive, with plenty of opportunity for discussion and generation of ideas.

Places at the event are filling up fast. Numbers are limited so please register your intention to attend **ASAP** by completing the attached booking form and emailing to: enquiries@alcohol-focus-scotland.org.uk For more information please visit our website www.alcohol-focus-scotland.org.uk. If you are unable to make the date but are interested in participating in the discussion, there are events taking place in other parts of the country. Please be in touch if you wish to attend an alternative venue.

Regional Licensing Events Booking Form: Attached with email



SDF
Scottish Drugs
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Forthcoming Professional Development Event: Essential Skills for Working With People Who Use Substances

Date: 11 November 2016 - 9.30am – 4.30pm.

Venue: Inshes Church, Inshes Retail Park, Sir Walter Scott Drive,
Inverness IV2 3TW.

Aim

The aim of this training is to allow health workers, youth workers, drug workers and other professionals to effectively respond to, treat, support and engage with people who use drugs and alcohol. It would be particularly helpful to those who are not specialist drug or alcohol workers, or are new to the substance use field.

Learning Outcomes

By the end of the session participants will be able to:

- Identify the key qualities needed to effectively support people who use substances.
- Describe the role of non-verbal communication.
- Recognise the core conditions.
- Demonstrate application of key skills for supporting people who use substances, including paraphrasing and active listening.
- Name the stages of behaviour change.
- Identify techniques they can apply when working with people who use substances.

To book your place please visit: www.sdfworkforcedevelopment.org.uk
and look for "Core Courses".

Please contact SDF Administration Team on: 0141 221 1175 or email: enquiries@sdf.org.uk
if you have any general queries about these events.

Scottish Drugs Forum Charity No. SC008075.



SDF
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Highland ADP

Forthcoming Professional Development Event: Understanding Stigma: Promoting Inclusive Attitudes and Practice

Date: 25 November 2016 - 9.30am – 4.30pm.

Venue: Inshes Church, Inshes Retail Park, Sir Walter Scott Drive, Inverness IV2 3TW.

Overview

Stigma can have a profound impact upon the lives of people who use alcohol and other drugs or those who have a history of substance use. The impact of stigma can permeate numerous aspects of a person's life such as their health and wellbeing, relationships, education and employment prospects and socioeconomic status.

Through developing a greater awareness of the wider context that the cycle of stigma fosters and exploring our own role in reinforcing and challenging stigma, participants can identify new approaches for fostering enhanced relationships with service users.

Aim

This one day training will give participants a distinct set of knowledge and skills to help them understand and address alcohol and drug-related stigma.

Learning Outcomes

By the end of the course, participants will be able to:

- Recall the meaning of stigma and the theory relating to stigma.
- Identify and understand the specific stigma attached to people who use substances, people in treatment or in recovery from substance use.
- Describe the consequences of the cycle of stigma.
- Identify our own attitudes and beliefs towards treatment options and treatment outcomes for substances
- Identify language and practice which de-stigmatises people affected by substance use
- Challenge stigma attached to people who use substances, people in treatment or in recovery from substance use.

To book your place please visit: www.sdfworkforcedevelopment.org.uk
and look for "Core Courses".

Please contact SDF Administration Team on: 0141 221 1175 or email: enquiries@sdf.org.uk
if you have any general queries about these events.

Scottish Drugs Forum Charity No. SC008075.

Fetal Alcohol Spectrum Disorder (FASD) Awareness

Fetal Alcohol Spectrum Disorder (FASD) Awareness Day is fast approaching;

Friday 9th September.

HADP wish to support maternity services to host a local event to raise awareness that, no alcohol in pregnancy means no risk to baby. Also, that it is best to avoid alcohol if you are trying for a baby. To support delivery of local events, HADP can provide funding.

Suggestions for local events include:

- Information display (we can provide some resources)
- Mocktail gathering (we can provide recipe cards)
- Hosting a break-fast

The choice is yours, and you may have ideas of your own too!

For further information and links please see: <http://www.alcohol-focus-scotland.org.uk/alcohol-information/alcohol-and-pregnancy/>

HADP would welcome pictures of your event to help promote that if you're pregnant, or trying, the safest option is to avoid alcohol; as no alcohol means no risk to baby.

In addition, we would like to signpost you to the *Fetal Alcohol Harm* free, open access, online learning provided by NHS Education for Scotland, which covers introduction, understanding, prevention, identification and management topics, of which you can select the most appropriate to you. Accessible here: <http://www.knowledge.scot.nhs.uk/home/learning-and-cpd/learning-spaces/fasd.aspx>

To get involved in raising awareness of FASD contact: Eve MacLeod Health Improvement Specialist, Email: eve.macleod@nhs.net Tel: 01463 704997 Mob: 07970 245799

