

SERVICE NAME: DELTA+

Description of Service:

Delta+ is a voluntary programme run by Apex Highland aimed at assisting individuals who are in treatment or post treatment. Delta+ is a highly diverse employability programme offering support and guidance to assist individuals maintain and sustain positive recovery.

Type of Service Provided:

Auricular acupuncture – relapse prevention & stress management.

IMPACT group – cognitive tools to allow self management in all stages of recovery.

Employability Training – CV/ Job application writing, interview/ telephone techniques.

Learn Direct online courses.

Rehabilitation of Offenders Act 1974/Police Act and Disclosure letter writing.

Debt Awareness & Budgeting advice.

Heartstart Training – emergency life support.

Job placements

Outdoor community projects & activities.

Literacy support.

Target Group /Age Group:

Any individual of working age benefits.

Access Details:

Referral via treatment source, electronic, postal or phone.

Opening Hours: 9 a.m. to 5 p.m. Monday to Friday.

Contact Details: Sharon Finney & Angelina Bruce

Delta+ Manager: Alistair McDonald

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